



# Fill a Bag, Feed a Family

## Neighbors needing Help

**Next Saturday, May 14<sup>th</sup>** (rain or shine) **you** can help feed families in Mantua and Aurora who are really suffering from the impact of the pandemic.

This is a critically important food drive as we need to collect **24,000 lbs.** of food to get through the summer months. Your contribution goes to the Crestwood 4C's Food Pantry, Mantua's Kids Weekend Meals program, the VOA Aurora Food Pantry and the Aurora Community Relief Fund,

***Please take this bag and FILL it with the food and other items, listed below, that will be helping seniors, children and others of your Mantua and Aurora neighbors. (Additional food bags/boxes would be great if you wish to donate them.)***

Please check the “best by” date on all NON-PERISHABLE food that you donate. ***IMPORTANT NEW INSTRUCTION***—With a **black** magic marker- please write the month and year of the “best by” date on TOP of each item you donate. (Example **10/22** ) This will help us sort the food much faster!! Please **DO NOT** donate food that has a “**best by**” date prior to **OCT. 2022.**

**Leave the bag on your doorstep NEXT SATURDAY (May 14<sup>th</sup>) no later than 9:30 AM** as bag pick-up will start 15 minutes later. (**TEXT 216-212-0909** with your street address if your bag has not been picked up by noon.)

Cash donations enable the pantries to buy the specific food they need. Make your check out to **FOOD2SHARE** and write “food pantries” in the ‘memo’ section. Attach the label provided to an envelope and mail or place your check in the bag with the food. To volunteer go to [www.myfillabag.org/aurora/2022](http://www.myfillabag.org/aurora/2022)

### **Items needed MOST**

Rice/ flour/ potatoes	Cooking oil
Stew/chili/spaghetti O's	Mac & cheese
Spaghetti & Sauce	Laundry/dish detergents
Cereal/oat meal	Shampoo/conditioner
Condiments	Toilet /Paper Products
Baking/pancake items	Hygiene/teeth items

### **Single Serving size**

Snacks  
Drinks  
Deserts  
Fruit Cups  
Crackers  
Protein bars

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***Fill a Bag, Feed a Family*** is a project of ***Food2Share, Inc.***