

Centering Prayer

At the Lewarchick Lodge

5182 Winchell Road
Mantua, Ohio 44255



Please join us on June 3rd for a morning of
Reflection, Fellowship, and Brunch

9:00: Arrive, gather, and meet old and new friends

9:30: Learn about Centering Prayer and practice it

10:30: Potluck brunch

- Please bring something to serve 4-6; the main dish and beverages will be provided

RSVP by Wednesday, May 24th to Kathleen Leigh Lewarchick at
kathleenmleigh@gmail.com. Hope to have you with us!

ABOUT CENTERING PRAYER

[Link to The Practice of Silent Reflection](#)

Silent reflection is a part of the traditional Christian experience, but one that is infrequently taught or practiced today. At its core, it is an opportunity to sit quietly in prayerful repose and receive God into our hearts. Meditation is a similar experience, but Centering Prayer is conducted without thought, so as to free the mind and in some cases, experience divine love.

