The 2024 Spring Season Centering Prayer At the Lewarchick Lodge 5182 Winchell Road Mantua, Ohio 44255



Please join us on 4/13, 5/11 and 6/8 for a morning of Reflection, Fellowship, and Brunch

9:00: Arrive, gather, and meet old and new friends9:30: Learn about Centering Prayer and practice it10:30: Potluck brunch

• Please bring something to serve 4-6; the main dish and beverages are provided each time

RSVP to Kathleen Leigh Lewarchick <u>by the preceding Tuesday</u> to <u>kathleenmleigh@gmail.com</u>. Hope to have you with us!

ABOUT CENTERING PRAYER

Link to The Practice of Silent Reflection

Silent reflection is a part of the traditional Christian experience, but one that is infrequently taught or practiced today. At its core, it is an opportunity to sit quietly in prayerful repose and receive God into our hearts. Meditation is a similar experience, but Centering Prayer is conducted without thought, so as to free the mind and in some cases, experience divine love.



