



Day 4

A Little Help from an Angel

Psalm 127:3

"Children are the heritage from the lord, the fruit of the womb a reward."

Occasionally, I get rundown in life. Trying to manage family, work, health, and everything else can seem overwhelming. As a nurse I'm dealing with patients that are usually at their worst and need my best, which can be emotionally and mentally draining. One night while getting ready for work on a long five-day stretch, I was trying to muster the energy with the short hour I had before going to work to give my kids the attention they needed instead of letting them do their tablet. On this particular night my daughter Evie (our emotional support child) was helping me pack my lunch, when I saw her slip an inspirational note into my bag, along with signing her and Calvin's name. That act of kindness & pure love boosted my energy and made me feel surrounded by God's love. That note is still stuck to my closet door and I see it every morning or sometimes evenings as I get dressed for work. It reminds me how truly blessed I am.

Prayer:

"Thank God for kids," AMEN

– Travis Brant